



Communication That Works



Course facilitator Marg Pontin

Marg's courses draw on her roles as an educational leader, a parent of four, and one of 10 certified CNVC trainers in Australia. For the past decade Marg has offered training in the principles of nonviolent communication to organisations and individuals both in WA and overseas.



CERTIFIED TRAINER

Do you want to understand what happens when the words you use in your conversations don't work?

Marg Pontin invites you to join with like-minded others in a workshop that suits both couples and singles. You will gain tools to build clear and respectful communication within the relationships that matter to you. The course suits newcomers to NVC and those who have previously attended workshops.

At the Torbay workshop, you will:

- Identify your habitual reactions and find new ways to respond
- Find ways to talk about things which are hard to put into words
- Listen to others in ways that create intimacy and not resistance
- Gain courage to 'lean' more into conflict instead of avoiding it
- Experience the fun and excitement of getting needs met in relationship, both yours and others.

The three-day workshop takes place in a retreat setting in a spectacular south coast location on Torbay Hill, 27km west of Albany. Sessions are interactive, fun and gentle. Each day includes time to enjoy the local bush and beach.

www.talkyourpeace.com

TORBAY SUMMER RETREAT

WHEN 3pm Friday 20 January to 3pm Sunday 22 January, 2017

WHERE: Torbay Hill Function Centre (27km west of Albany)
1 Shelley Beach Road, Kronkup, Albany.
Limited camping is available on-site, or participants can stay nearby. Contact Annie for details at halcion1@inet.net.au

COST: \$250 single, \$400 couple. Limited scholarships available.

INCLUSIONS: All registrations include lunch, morning tea and notes.

REGISTER: By **Friday 16 December 2016** online at <https://www.trybooking.com/NSFV> or contact Michelle at livingwisdom1@me.com or phone 0423 150 931.