



Communication That Works



Course facilitator Marg Pontin

Marg's courses draw on her roles as an educational leader, a parent of four, and one of 10 certified CNVC trainers in Australia. For the past decade Marg has offered training in the principles of nonviolent communication to organisations and individuals both in WA and overseas.



CERTIFIED TRAINER

Do you want to know what happens when the words you use in conversations don't work? Where did we get the idea that conflict is painful and to be avoided at all costs? Discover surprising insights that can arise from 'leaning into' conflict as it shows up in our lives.

In this one and a half day course we will discover that it's not what others say or do that is the problem; what matters is our response.

We will work with the four tools of Marshall Rosenberg's Nonviolent Communication to create the sort of connections we long for in our relationships. We will learn to:

Identify our habitual reactions and find new ways to respond

Find ways to talk that create cooperation and willingness

Listen to others in ways that create connection and not resistance

Enjoy the deep satisfaction of meeting needs, including our own, in relationships

More information: www.talkyourpeace.com

This training is suitable for individuals, couples, employers, employees, professionals and you... whoever you are. It will suit those who are new to the principles of NVC and those who have previously attended courses.

PERTH SPRING WORKSHOP

WHEN: 9.30- 3.30pm and 9.30-12.30pm Saturday October 8 and Sunday October 9, 2016.

WHERE: Living Wisdom Holistic Wellbeing, Top Floor, Northshore Country Club, 11 Henderson Drive, Kallaroo.

COST: \$160 (limited scholarships available, contact us for details). Morning tea and notes are provided. Please supply your own lunch (Whitfords City food outlets nearby).

REGISTER: Register with payment by September 24, 2016 through www.trybooking.comLWHX or contact Michelle at livingwisdom1@me.com or mobile 0423 150 931.