



## Communication That Works



### Course facilitator Marg Pontin

Marg's courses draw on her roles as an educational leader, a parent of four, and one of 10 certified CNVC trainers in Australia. For the past decade Marg has offered training in the principles of nonviolent communication to organisations and individuals both in WA and overseas.



CERTIFIED TRAINER

Do you want to know what happens when the words you use in conversations don't work? Where did we get the idea that conflict is painful and to be avoided at all costs? Discover surprising insights that can arise from 'leaning into' conflict as it shows up in our lives.

In this one day course we will discover that it's not what others say or do that is the problem; what matters is our response.

We will work with the four tools of Marshall Rosenberg's Nonviolent Communication to create the sort of connections we long for in our relationships. We will learn to:

**Identify our habitual reactions and find new ways to respond**

**Find ways to talk that create cooperation and willingness**

**Listen to others in ways that create connection and not resistance**

**Enjoy the deep satisfaction of meeting needs, including our own, in relationships**

**More information:** [www.talkyourpeace.com](http://www.talkyourpeace.com)

This training is suitable for individuals, couples, employers, employees, professionals and you... whoever you are. It will suit those who are new to the principles of NVC and those who have previously attended courses.

### ALBANY WINTER WORKSHOP

**WHEN:** 9.30am-4pm Saturday August 6, 2016

**WHERE:** Torbay Hill Function Centre, cnr Coombes and Shelley Beach Road, Torbay, Albany WA

**COST:** \$150 Limited scholarships available, please contact us. Morning tea and notes are provided. Please supply your own lunch (Cosy Corner Cafe five minutes away).

**REGISTER:** Register with payment by August 1, 2016 through <https://www.trybooking.com/MCKO> or phone Marg on 0417 181 428.